



SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary, scientific organization
<http://www.psychotherapyresearch.org>

2009 Australian Regional Group Meeting

Brisbane, November 30 – December 2, 2009

Conference Monday 30/11 & Tuesday 1/12

Workshop Wednesday 2/12

Process and Outcome in Psychotherapy with Complex Problems and Disorders

Keynote Speakers

Robert DeRubeis, University of Pennsylvania

Brin Grenyer, University of Wollongong

Keynote addresses are of 40-45 minutes with 15 minutes for discussion.

Paper sessions have 2 or 3 papers around a theme and a discussant. Each paper is 20-25 minutes in duration with 5-10 minutes immediately following the paper for responses to questions specific to the paper. The discussant responds to the set of papers with a 10-15 minute presentation that gives consideration to the major themes and issues raised by each paper as well as common themes. The discussant may refer to her or his own research as it is relevant to issues raised during the papers. Following the contribution of the discussant there is an opportunity for delegates to engage in either general discussion of issues raised during the session or more detailed discussion of issues raised in specific papers.

Open discussions focus on matters of broad and general interest. They commence with a brief formal presentation designed to identify and clarify the issues or to state a position in relation to a controversy. Delegates are then encouraged to contribute to discussion and debate

<p>Monday 30 November</p>	<p>Registration 8.30 – 9.00</p>	<p>Des O'Callaghan Auditorium</p>
<p>9.00 – 10.00</p>	<p>Brin Grenyer (University of Wollongong) Psychotherapy for treatment resistant depression: What makes it complex?</p>	<p>Des O'Callaghan Auditorium</p>
<p>10.00 – 10.30</p>	<p>Morning Tea</p>	<p>Forecourt Whitty Building</p>
<p>10.30 – 12.30</p>	<p>Paper Session 1A Psychoanalytic Psychotherapy. Des O'Callaghan Auditorium Jeanette Beaufoy (Monash University): Effectiveness of Long term Psychoanalytic Psychotherapy for young people with serious mental illness Celia Godfrey (Monash University): Developing a prospective longitudinal study for the investigation of psychoanalytic psychotherapy: the establishment of the Glen Nevis Clinic Michael Green (Australian Catholic University): Characteristics of patients engaging in psychoanalytic psychotherapy at the Glen Nevis Clinic Discussant: Tom O'Brien (The University of Queensland)</p>	<p>Paper Session 1B Dose and Outcome Potter Building Meeting Room Timothy Carey (University of Canberra): Don't stop till you get enough – treatment duration and outcome in psychotherapy. Analise O'Donovan (Griffith University). The dose response relationship in psychotherapy: Implications for social policy Karl Bagraith (The University of Queensland and RBWH). What is an adequate dose of online therapy for adolescents? Presented by Robert King Discussant: Matthew Bambling (Australian Catholic University)</p>
<p>12.30 – 1.30</p>	<p>Lunch</p>	<p>Forecourt Whitty Building</p>

<p>Afternoon Session</p> <p>1.30 - 3.00</p>	<p>Paper Session 2A Working with Complexity Des O'Callaghan</p> <p>Tania Cartmill (Port Kembla Hospital): Using an attachment model framework in training staff responsiveness to rehabilitation inpatient stress reactions.</p> <p>Phoebe Webber (University of Newcastle): Imagery Rescripting and Reprocessing Therapy in treatment of trauma for BPD patients who have completed a course of DBT.</p> <p>Discussant: Mary O'Brien (Griffith University)</p>	<p>Paper Session 2B Discourse CYMHS Conference Room</p> <p>Anthony Korner (University of Sydney): Analogical Fit: the development of a 2 person paradigm for research into psychotherapy process using language, self state and automatic response.</p> <p>Sophie Holmes (Williams Road Family Therapy Centre): How elite and novice family therapists manage the complexity and intensity of family sessions 'in the moment'</p> <p>Discussant - Robert King (University of Queensland)</p>
<p>3.00 - 3.30</p>	<p>Afternoon Tea</p>	<p>CYMHS Conference Room</p>
<p>3.30 - 4.30</p>	<p>Open Discussion 1 Robert King: What is a psychoanalytic outcome?</p>	<p>CYMHS Conference Room</p>
<p>5.00 - 6.30</p>	<p>Posters, Awards and Reception</p>	<p>CYMHS Conference Room</p>

<p>Tuesday 1 December 9.00 – 10.00</p>	<p>Registration 8.30 – 9.00 Plenary: Robert DeRubeis (University of Pennsylvania) Burying the Dodo: Why the "Common Factors" debate is not over yet.</p>	<p>Des O'Callaghan Auditorium</p>
<p>10.00 – 10.30</p>	<p>Morning Tea</p>	<p>Forecourt Whitty Building</p>
<p>10.30 – 12.30</p>	<p>Paper Session 1A Working with Complexity Des O'Callaghan Margot Schofield (La Trobe University) A profile of Australian therapists who deal with complex professional issues Michael Jones (Macquarie University): How does CBT affect symptoms of irritable bowel syndrome? Marianne Bourke (University of Wollongong): Understanding therapist response patterns towards Borderline Personality Disorder: A comparative study of Core Conflictual Relationship Themes. Discussant: Brin Grenyer</p>	<p>Paper Session 1B Common Factors CYMHS Conference Room S Giac Giacomantonio (The University of Queensland): Modelling psychotherapeutic change Mark Collins (University of Canberra): Factors affecting the utility of feedback in client outcomes. Carla Walton (University of Wollongong): How do you solve a problem like adherence Discussant: Robert DeRubeis</p>
<p>12.30 – 2.00</p>	<p>Lunch / Business Meeting</p>	<p>Forecourt Whitty Building</p>
<p>2.30 – 3.30</p>	<p>Open Discussion 2 George Magdulski (The University of Wollongong): Is the RCT impeding the development of our understanding of therapeutic change?</p>	<p>CYMHS Conference Room</p>
<p>3.30 – 4.00</p>	<p>Close</p>	